

**FS1 Fortnight's topic: Food**

Weekly Maths Tasks (Aim to do 1 per day)	Weekly Reading Tasks (Aim to do 1 per day)
<ul style="list-style-type: none"> <li>• Watch a Numberblocks clip each day at: BBC or CBeebies.</li> <li>• Play the Numberblocks add and subtract quiz using the following link <a href="https://www.bbc.co.uk/cbeebies/puzzles/numberblocks-number-magic-quiz-level-1?collection=numbers-and-letters">https://www.bbc.co.uk/cbeebies/puzzles/numberblocks-number-magic-quiz-level-1?collection=numbers-and-letters</a></li> <li>• Explore weighing and measuring food on the kitchen scales. Ask, what happens as you place more on the scales?</li> <li>• Look for numerals on packaging you find around the house. Can your child recognise the numerals and count out a matching amount?</li> <li>• Using toy food or old packaging, set up a food shop for your child to act out being the shopkeeper and customer. You could introduce coins to support their developing knowledge of money.</li> </ul>	<ul style="list-style-type: none"> <li>• Read the story 'Pumpkin Soup' by Helen Cooper or watch on utube <a href="https://www.youtube.com/watch?v=IDax5kx2-Ks">https://www.youtube.com/watch?v=IDax5kx2-Ks</a></li> <li>• Read the story 'Eat you peas' by Kes Gray or watch on utube <a href="https://www.youtube.com/watch?v=XgSb4zccAI">https://www.youtube.com/watch?v=XgSb4zccAI</a></li> <li>• Look at recipe books and food magazines. Encourage your child to find any letters they know. They could be letters in their name. Select a recipe and make this together.</li> <li>• Children to read to parents daily – Remember just 10 minutes a day makes all the difference!</li> <li>• Visit <a href="#">Oxford Owl</a> for free eBooks. You can complete the linked Play activities for each book.</li> </ul>
Weekly Phonics Tasks (Aim to do 1 per day)	Weekly Writing Tasks (Aim to do 1 per day)
<ul style="list-style-type: none"> <li>• Daily phonics - Practise the sounds your child is working on and blend words. This can be oral blending (e.g. spoken out loud c-a-t) or written if appropriate. Interactive games found on the link <a href="https://www.phonicsplay.co.uk/">https://www.phonicsplay.co.uk/</a></li> <li>• Sing Nursery rhymes and songs together. Add in actions and change the words. Can children think of different rhyming words to add in? Repeat old favourites and learn new rhymes. You can find an A-Z of Nursery Rhymes here: <a href="https://allnurseryrhymes.com/">https://allnurseryrhymes.com/</a></li> <li>• Pour flour, rice or lentils into a shallow tray or plate. Show your child a letter and ask them to write it in the food using their finger. You could show them first.</li> <li>• Look at things around the room and say the sound they begin with. Encourage your child to identify the sound the word ends with too. Try writing some of them down.</li> <li>• Play a game with your grown-up. Take it in turns to give instructions. For example, 'touch your f-ee-t' or 'stand u-p'.</li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">Dough disco – exercise those fingers</a></li> <li>• <a href="#">Practice forming the letters of the alphabet – use your finger in the air to follow the letter formation or even have a go at writing them.</a></li> <li>• Support your child to create a food diary to record how many pieces of fruit and vegetables they eat in a day. They could draw a picture of each item.</li> <li>• Mark making – Using a selection of vegetables available in your kitchen, support your child to print and explore the shapes and patterns created.</li> <li>• Practice name writing. First name? Surname? Praise all the marks your child makes.</li> </ul>