

Totally Lunchtime Champions



Option One

Option Two

Jacket Option

Sides & Veg

Desserts

Monday

<u>Allergen</u>

Information G=Gluten

MK=milk

Tuesday

M=mustard

S=soya

SE=Sesame

Wednesday E=Egg

SD=Sulphur dioxide

C=Celery

F=Fish

Thursday

Green Genius

Pasta Bake

G.MK

Vegetarian Chilli (VE) G.S

Vegetarian Sausage with Gravy (VE) G,S

Homemade Cheese & Onion Frittata (V) E.MK

Vegetarian Hot Dog Roll (V) G.SE.S

Homemade Cheese & Tomato Pizza (V)

Caribbean Chicken & Rice (H) G,M

G<MK

Oven Roasted Sausage with Gravy (H)

Spaghetti Bolognaise (H) G.SE

Fish Sea Stars G,F

Jacket with Baked Beans (VE)

Jacket Potato with Tuna Mayo E,F,M

Jacket with Baked Beans (VE)

Jacket Potato with Grated Cheese (V) MK

Jacket with Baked Beans (VE)

Southern Style Mini Roasts SE Peas & Sweetcorn

> **Boiled Rice** Broccoli

Yorkshire Pudding G,E,MK Mashed Potatoes Country Mixed Veg

Homemade Garlic Bread G,MK,S Chopped Salad

Oven Baked Chips Garden Peas

Fresh Fruit Fruity Yoghurt MK

Shortbread Finger Cookie G Fresh Fruit

Chocolate Sponge with Chocolate Sauce G,E,MK Fresh Fruit

Ginger Biscuit G Fresh Fruit

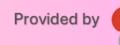
Fresh Fruit Fruity Yoghurt MK

Friday



(H) Halal options available (VE) Vegan (V) Vegetarian For allergens please refer to our allergen matrix

*Please note our menus could be subject to change



Totally Local Company