**PE Progression Map**

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| **Year**  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| FS1 | Children have daily opportunities to develop gross and fine motor skills through the year. When ready, will join the Sports Coach for a PE session in the hall or on the outdoor area. In Summer term 2 will be taken to the large playground at quiet times to explore larger areas for skipping, jumping, running & climbing – in preparation for FS2 |
| FS2 | Locomotion 1Fine motor skills | Locomotion 2 | Stability 2 static and dynamic balance | Net and Wall Game Skills 1Target Games 1 | Athletics 1 | Invasion Games Skills 1 |
| Year 1 | Fundamental Movement Skills 1Gymnastics – Balancing & Spinning on Points & Patches. | Dance – SuperheroesFundamental Movement Skills 2 | Target Games 2Gymnastics – Pathways Small and Long | Dance – Under the SeaYoga – Under the SeaInvasion Games Skill 1 | Striking and Fielding Game Skills 1 Gymnastics –wide narrow curled rolling and balancing | Invasion Games 2Yoga |
| Year 2  | Movement Skills 2Dance – Fire of London | Movement Skills 3Gymnastics - pathways straight zigzag curving | Invasion games 2Gymnastics – spinning turning twisting | Net and wall games 2Dance – animals (dinosaurs) | Striking and field game skills 2Dance – Mini-Beasts | AthleticsGymnastics stretching, curling, arching |
| Year 3 | Gymnastics – linking movementsSwimming | Dance – Around the world.Swimming | Gymnastics – body weight Hockey | Dance – EgyptiansHandball  | Athletics Gymnastics – symmetry  | Dance – SpaceDodge ball  |
| Year 4  | Dance – Romans Tag Rugby  | Gymnastics – rolling / travelling Hockey  | Gymnastics – bridgesSwimming  | Dance – Vikings Swimming  | Tennis Athletics  | Cricket Dodge ball  |
| Year 5 | Gymnastics – Partner work under over  | Gymnastics – matching mirroring and contrast | Dance – British ValuesBasketball  | Cricket  | Athletics Swimming  | Dodge ballSwimming  |
| Year 6 | Dance –WW2Tag Rugby | Hockey  | Gymnastics – counter balance and tensionBasket ball  | Rounders | Athletics Cricket  | Dodgeball |